

# **Community Asset Mapping for Farm and Ranch Mental Health**

Using a tool from the public health toolbox



Image source: pinterest.com

There are different ways to begin Asset Mapping.

Start with a worksheet and invite community partners to identify a communities' assets.

Web address • u.osu.edu/farmstress/

# Identify the Assets in Your Community

## Individuals

Key persons in the community can be empowered to use their skills, abilities, and knowledge to make connections and build relationships for the agricultural population.

#### Stories

Use the history of the community to describe the farming or ranching culture.

## Institutions

These include any physical structures or places important to the agricultural community: a school, church, hospital, library, recreation center, social club.

#### Associations

Associations or commodity groups that involve the agricultural community with activities and/or support.

## **Physical Assets**

Physical assets includes any physical object that strengthens the community like a water tank, public transport, fire department, or land.

#### **Economic Assets**

This includes everything that the community's population produce and consume in any way, whether through local business or other training options.

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