Social Work's Role in Achieving Health Equity

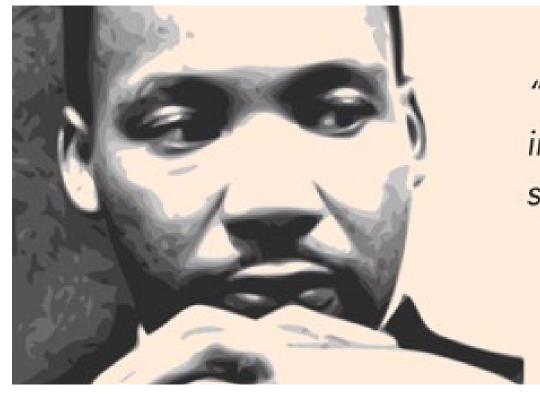
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"Of all the forms of inequality, injustice in health care is the most shocking and inhumane."

— Dr. Martin Luther King, Jr.



Health Equity

Equality



The assumption is that everyone benefits from the same supports. This is equal treatment.

Equity



Everyone gets the supports they need (this is the concept of "affirmative action"), thus producing equity.

Justice



All 3 can see the game
without supports or
accommodations because
the cause(s) of the
inequity was addressed.
The systemic barrier has
been removed.



Social Determinants of Health



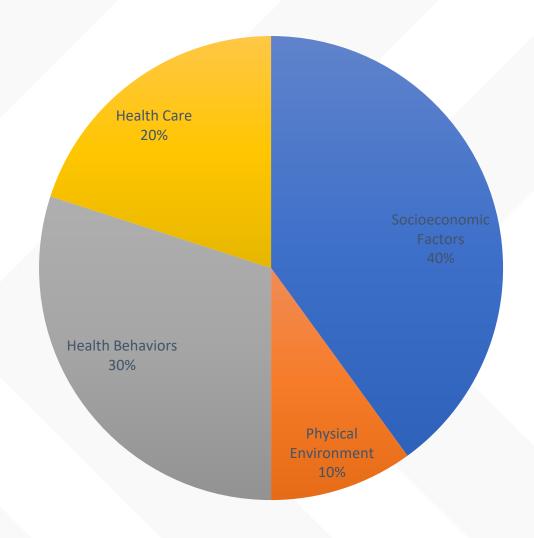
Social Determinants of Health

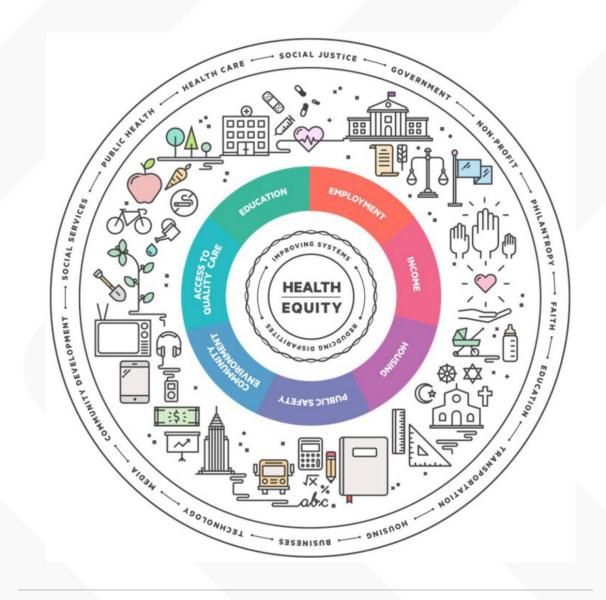
Copyright-free Healthy People 2030



Impact on health

80% of our health is determined by societal factors



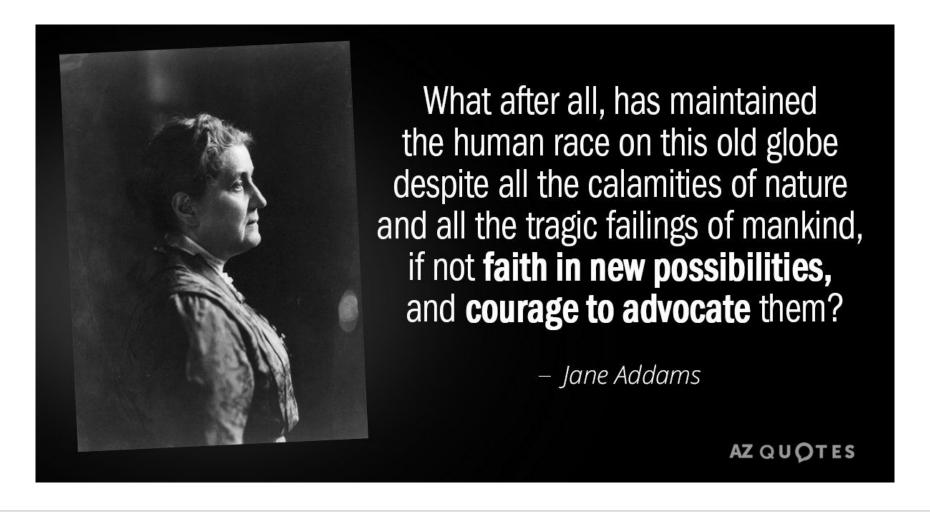


Impact





Social Work's Role





"SOCIAL WORK MUST TAKE BOLD, DELIBERATE ACTIONS THAT BEND THE ARC OF JUSTICE TOWARD LIBERATION FOR ALL."

Mildred "Mit" C. Joyner (NASW President)

Anti-Racism

"Not everything that is faced can be changed, but nothing can be changed until it is faced."

- James Baldwin

5-Ways to be Anti-Racist

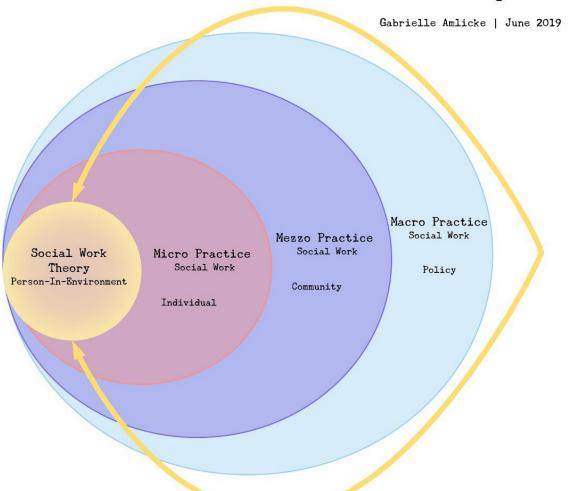
- 1. Hold yourself, your friends, and your family accountable
- 2. Attend continuing education and other events that focus on race-related issues
- Diversify your knowledge and check your information bias
- 4. Have intentional conversations with peers, coworkers, etc. with respect to each other's boundaries
- 5. Learn with humility



Revisiting the Micro/Mezzo/Macro framework

It is all related – It is all (PIE)

 Health disparities and inequities exist in every area of practice Systems and Theory: What Links the Roles of Social Workers Together?





Macro

Larger Systems - State/National

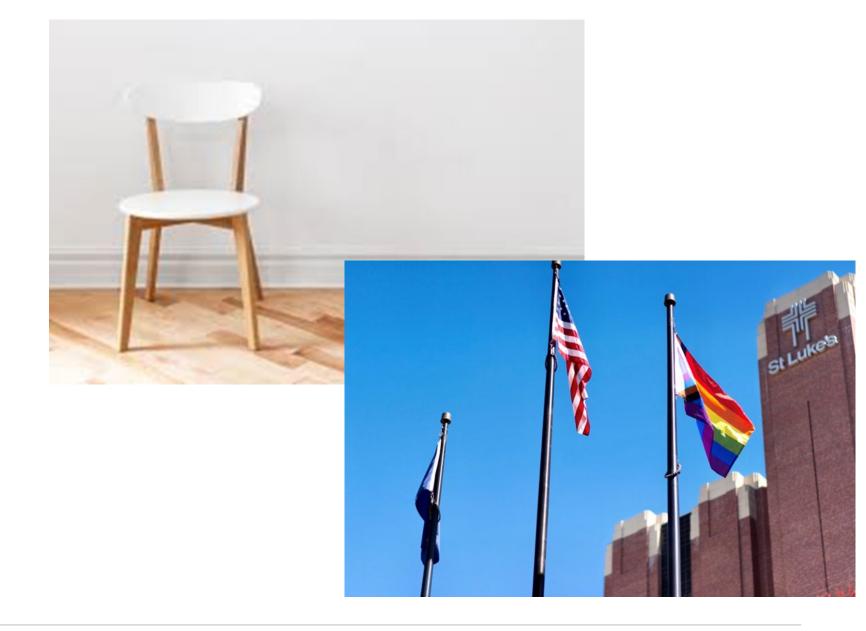
- Alleviating societal problems
 - Improve quality of life, locally, nationally, and internationally.
- Confront realities on a systems level
 - What caused this? How do we prevent it?
 - Policy/Legislation/Research/Data





Mezzo

- Groups
- Community Systems
- Organization
- Collaboration
- Programing
- Planning
- Problem solving





Micro



- Individuals
- Family/Supports
- Groups
- "Direct Services"
- "Immediate needs"







Culturally Competent Care

Cultural humility/Cultural Safety/Structural Competence

Acknowledge and recognize inequities

Work to eliminate bias

Participatory assessment and decision making

Increase diversity of the workforce

Raise awareness of health inequities



"What is learned here leaves here"

As an alternative to "Key take aways"

- Utilize critical self-reflection
- Stay informed
- Actively engage

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✓ I will...
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"Each time a [person] stands up for an ideal, or acts to improve the lot of others, or strikes out against injustice, [they] send forth a tiny ripple of hope, and crossing each other from a million different centers of energy and daring those ripples build a current that can sweep down the mightiest walls of oppression and resistance."

-Senator Robert F. Kennedy



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