

COMMUNITY LED CHANGE: SUPPORTING INTRINSIC COMMUNITY-BASED LEADERSHIP, GROWTH, AND HEALING IN NEIGHBORHOODS

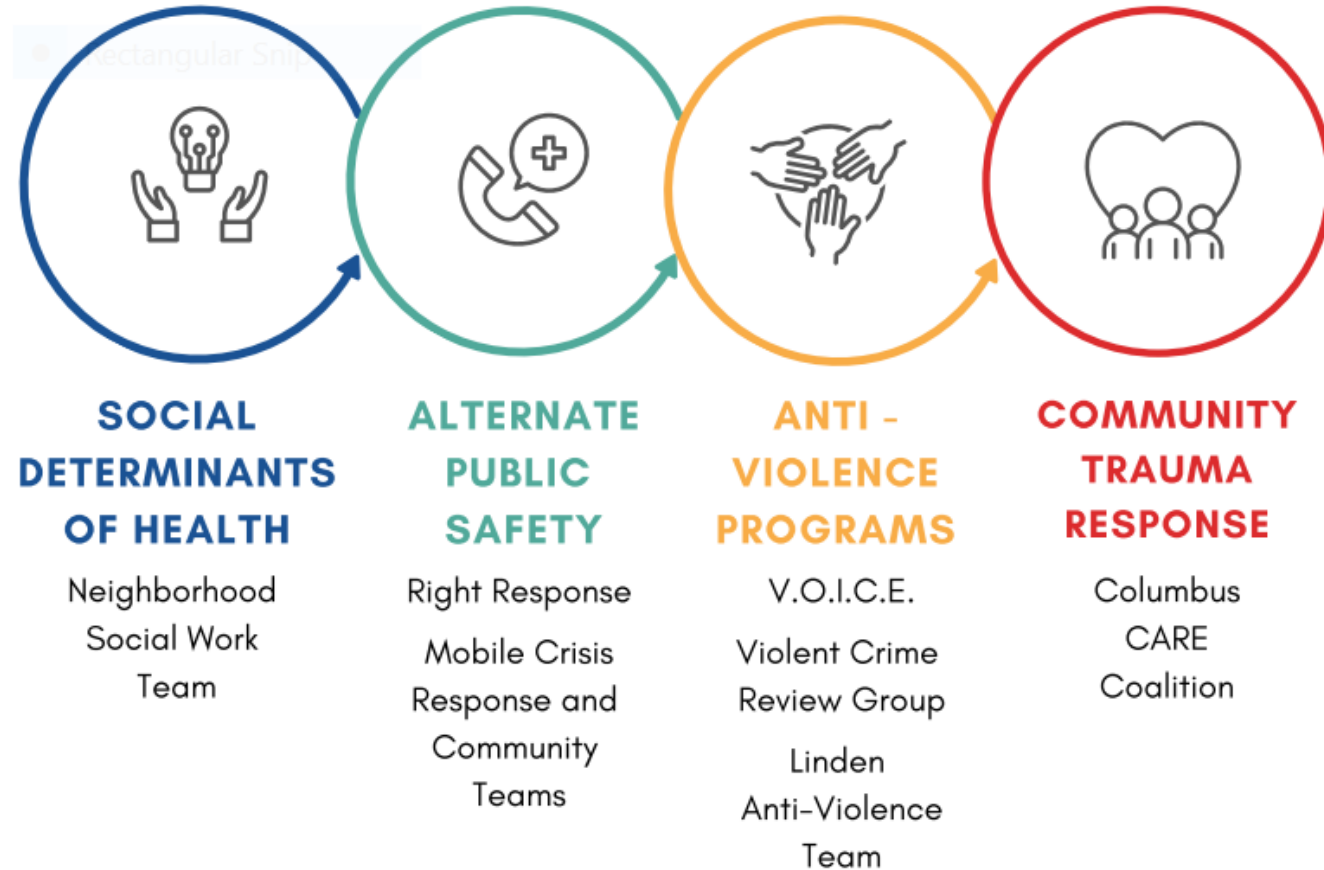
Presented by: Marian Stuckey, LISW-S, MBA, TRCC II, Section Chief,
Neighborhood Social Services

Columbus Public Health

About Me!

- Social Worker in Community based and Public Health Roles
- Lead a Division within Columbus Public Health called Neighborhood Social Services (NSS)
- Passion for community work and uplifting creativity and opportunity

Neighborhood Social Services





2015 Homicide Outreach and Response: 7-year-old and parents shot to death by neighbor in Ohio

Community Trauma Fundamental Principles



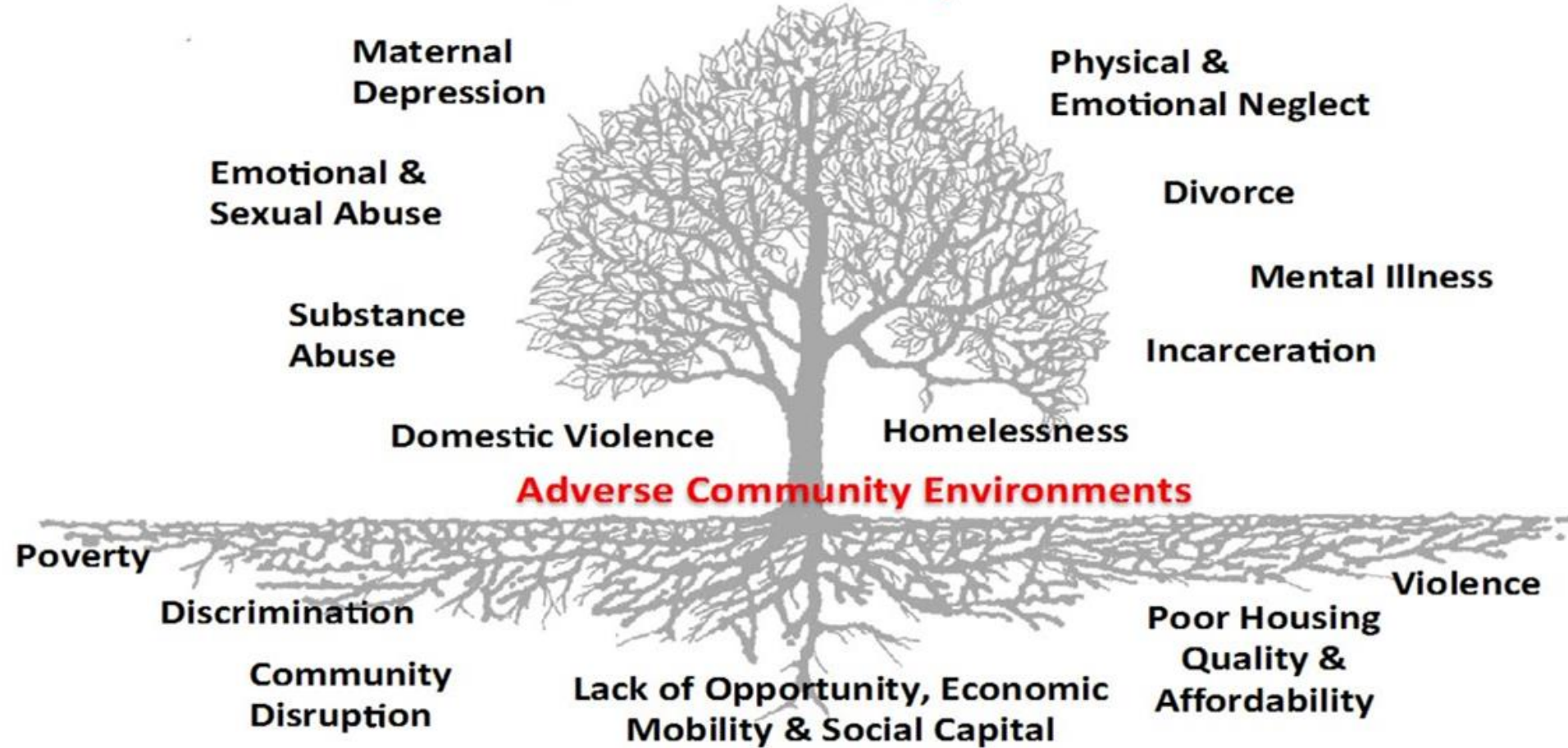
Synergistic Trauma

Trauma Responsive Care/ Survival

Trauma Informed Community Development

The Pair of ACEs

Adverse Childhood Experiences



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011

**Philadelphia Expanded ACE Questions
look at
Community-Level Adversity**

Witness Violence

How often, if ever, did you see or hear someone being beaten up, stabbed, or shot in real life?

Felt Discrimination

While you were growing up...How often did you feel that you were treated badly or unfairly because of your race or ethnicity?

Adverse Neighborhood Experience

Did you feel safe in your neighborhood? Did you feel people in your neighborhood looked out for each other, stood up for each other, and could be trusted?

Bullied

How often were you bullied by a peer or classmate?

Lived in Foster Care

Were you ever in foster care?

Community resilience looks like...



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<https://ccr.publichealth.gwu.edu/webinar-introducing-resilience-tree>

Impact of Generational Trauma

Awareness that we are working with communities who have generational, historical, and racial trauma on top of what happens each day.



Community Resilience Programs Across the US



Flint Michigan-
Water Crisis

Khadafy
Washington
Program/ Youth
Alive

Illinois Childhood
Trauma Coalition-
Look Through Their
Eyes Campaign



Key Principles of Community Led Change

- Power With/ Agency and Choice
- Human Centered Design/ Focus Groups
- Empowerment

A close-up photograph of several people's hands stacked together in a huddle, symbolizing community, teamwork, and shared power. The hands are of various skin tones and are positioned in a way that suggests a group effort. The background is blurred, focusing attention on the hands. The text "POWER WITH COMMUNITIES" is overlaid on the right side of the image in a bold, white, sans-serif font.

**POWER WITH
COMMUNITIES**

Power With Communities



Shifting to a perspective that everyone has something to share and contribute not matter who they are..



Rebuild the table so it fits us all!



Uplifting the vision, wishes, and dreams of those closest to the challenge.

Healing Campaign 2022

We are
here to help.



📞 614-645-6248
🌐 columbus.gov/CARE



BUILDING STRONG COMMUNITIES,
ONE PERSON AT A TIME. 

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here to help.



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Neighborhood Resilience Project

- “A community must be healthy enough to maintain opportunity.”

- Father Abernathy



ONE BLOCK AT A TIME

residents to create resilient and safe

Community Building & Healing Resilience Organizers/ One Block at a Time

- Build and develop block leadership
- Increase collective efficacy within the community based on the goals and wishes of residents
- Includes paid Resilience Organizers and funding for block improvements and incidentals

HUMAN CENTERED DESIGN/ FOCUS GROUPS



Focus Groups



**Mothers
after Violent
Loss**

**Listening
Sessions**



Murals have been painted on the plywood covering windows and doors of businesses in Columbus, Ohio. Credit: André White | Arts & Life Producer

Demand for change- Alternative Public Safety programs in Columbus

City Council
Survey

Marches

Outcomes:

- 1/3 of calls solved without police response
- Freed up 500 hours of Police time
- Matched expertise with crisis

A close-up photograph of four hands of different skin tones (light, medium, and dark brown) stacked together in a circle, symbolizing unity, support, and empowerment. The hands are positioned in a way that they form a continuous loop, with fingers interlaced. The background is a plain, light gray.

EMPOWERMENT

Community Building & Healing Poindexter Village Healing Conversations

4 residents of Poindexter Village trained to offer healing debriefings after instances of trauma and violence in their community.

Poindexter Village Healing Conversations will reinforce that natural conveners and healers are part of every community.

Will give residents skills and knowledge to support others by creating safe spaces for processing and connection to buffer the negative consequences of unresolved trauma and isolation.

MORE Life Partnership

Faith based initiative works closely with four churches in Columbus to provide therapeutic services and trauma support.

Increase Accessibility

Working through Stigma

Creating pathways for faith and mental wellness

Empowered Resiliency

1. Crisis Debriefing
2. Trauma Responsive Care
3. Advocacy Training + Community Building

Bhutanese Community of Central Ohio





The Columbus CARE Coalition is pleased to offer Community Resilience Certifications. Each level features a specialized session facilitated by expert community partners that participants choose.

Level 1: Four days of training and selection of a specialized community trauma track.

This training includes an introduction into the impact of trauma and resilience from a brain science lens, on individuals and communities. The series will also explore the intersections of how we show up while unpacking the roles of power, privilege, oppression and implicit biases in how we build connection with one another and within our communities. On the last day, everyone will participate in our final expert facilitated session and will end on an overview of radical hope and healing.

Level 2: Six days of training and selection of a specialized community trauma track.

In addition to the content discussed above, this level includes a deeper dive into two content areas. The first, will take a closer look at the neurobiology of stress and survival responses in individuals and communities. The second content area will focus on understanding the role of compassion distress, from constant exposure and experiences of trauma to shifting into spaces of compassion resilience in how we show up for ourselves, each other and those we wish to serve.

Certifications will be issued through the Tri-State Trauma Network.

Registration is limited. If you're interested in learning more, fill out the online form at <https://forms.gle/yzhWwFxxPac9JvZBA>.



The Columbus CARE Coalition is a collaborative community effort led by Columbus Public Health. Questions? Contact us at 614-645-6248.

4 or 6 session certification
program
Sharing key trauma concepts
in the community
Goal is shared knowledge,
stigma reduction,
normalization, and empathy
building- honoring survival



Thank you!

- Contact details:
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References

- Neighborhood Resilience Project: <https://neighborhoodresilience.org/>
- Prevention Institute: <https://www.preventioninstitute.org/publications/adverse-community-experiences-and-resilience-framework-addressing-and-preventing>
- Trauma Informed Community Development: <https://bridgehousing.com/PDFs/TICB.Paper5.14.pdf>
- Khadafy Washington Project: <http://khadafyashington.org/>
- Philadelphia ACES: <https://www.philadelphiaaces.org/philadelphia-ace-survey>
- Building Community Resilience: <https://publichealth.gwu.edu/departments/redstone-center/resilient-communities>