



# Healing the Trauma & Building Resilience in the midst of COVID-19

[ what we can do as social workers & professionals in health care ]

**WEDNESDAY, DECEMBER 2 | 12-1:00PM | via Zoom**



### FEATURED SPEAKER

**Colleen Cicchetti**  
Ph.D., M.Ed.

*Public Educator of the Year*  
by NAMI-Chicago

*Chicago Humanitarian*  
Award recipient  
by UNICEF USA

### Earn 1 CEU for Illinois SW and RN

Event is free. RSVP Now. Register here:

**<https://tinyurl.com/SSWLHCtrauma>**

### Objectives

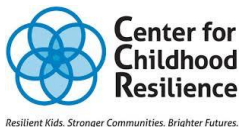
1. Discuss the **cumulative impact of the pandemic, social unrest and political discord** on our clients and ourselves as medical and mental health professionals (all are welcome to attend).
2. Identify the **disparities in COVID-19 stress and access to resources across different populations.**
3. Access **free screening tools and strategies for addressing complex needs during pandemic restrictions.**
4. Learn **strategies to promote self & community-care in our clinical settings and institutions** during this unprecedented time.

**Founder of the Center for Childhood Resilience, formerly known as Community Linked Mental Health Services Program**

Executive Director, Center for Childhood Resilience

Department of Child and Adolescent Psychiatry  
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Associate Professor, Psychiatry & Behavioral Sciences, Feinberg School of Medicine, Northwestern University



Hosted by: The Society for Social Work Leadership in Health Care – IL Chapter